

# THE POWER TO ACCELERATE RECOVERY



G A M E  R E A D Y®  
I N J U R Y   T R E A T M E N T   S Y S T E M

# THE **NEW STANDARD** OF CARE FOR INJURY AND POST-OP RECOVERY



Following musculoskeletal injury or orthopaedic surgery, nothing helps patients recover like Game Ready.® Integrating two proven therapies in one state-of-the-art modality, Game Ready sets a new standard in treatment.



## THE TECHNOLOGY BEHIND GAME READY A NEW APPROACH TO RECOVERY

Game Ready's innovative technology enables the simultaneous delivery of adjustable continuous cold therapy and intermittent pneumatic compression to virtually every part of the body unlike any other modality.

This is achieved by the unique combination of the microprocessor driven Control Unit and the patented dual-action Anatomic Wraps featuring NASA spacesuit technology.

Using only ice and water, the Game Ready Control Unit rapidly circulates cold water from the ice reservoir, via a Connector Hose, through the body-part specific Anatomic Wrap before returning once again through the ice reservoir. As a continuous loop the system delivers continuous circumferential cold therapy.

Simultaneously the pre-set levels of graduated intermittent compression conforms the ergonomic wrap to the contours of the body helping to enhance the delivery of the cold therapy thereby maximizing thermal exchange and lymphatic return.

**"The Game Ready system was the only thing that enabled me to sleep through the night following my initial surgery when the pain was so severe. It now forms an integral part of my recovery and rehabilitation."**

**Chemmy Alcott**  
Britain's No. 1 Olympic Skier

# ANATOMY OF THE GAME READY SYSTEM

The revolutionary Game Ready System is powered by the microprocessor-enabled Control Unit and a complete range of ergonomic, dual-action Anatomic Wraps.

## THE GAME READY CONTROL UNIT MORE FEATURES, MORE CONTROL

The user-friendly control unit allows for precise control over treatments. Pressure, temperature and treatment times are easily monitored and adjusted with the touch of a button or the turn of a dial. Accessories such as a carry bag and rechargeable battery pack that allows up to seven hours of use make it a truly portable system.

Adjustable set-point temperature control provides consistent temperature across the wrap throughout treatment, improving patient comfort and safety. Pre-set treatment programs allow the system to operate safely and independently with minimal supervision by automatically alternating treatment and 'rest' times.



Clear step-by-step user instructions allow easy operation and improved compliance

Low-profile circumferential wraps with pneumatic compression allow greater coverage and better surface contact meaning better fit and comfort.

Patented construction facilitates maximum flow and disbursement of water for efficient application of cold therapy and greater heat transfer.

# MORE THERAPEUTIC BENEFITS, MORE WAYS TO ENHANCE RECOVERY

## COLD AND COMPRESSION COMBINED LIKE NEVER BEFORE

Adjustable set-point temperature control provides consistent temperature across the wrap throughout treatment, improving patient comfort and safety. Pre-set treatment programs allow the system to operate safely and independently with minimal supervision by automatically alternating treatment and 'rest' times.

## THE GAME READY DIFFERENCE

Game Ready	Ice-Based Modalities	Ice & Bandage	
Intermittent Pneumatic Compression			
✓			More effective than static compression.
✓			Mimics natural muscle pump, enhances lymphatic return helping to reduce swelling and prevent secondary tissue damage and encourages acceleration of the healing process.
✓			Stimulates tissue healing.
✓			Increases blood flow and delivery of oxygen to the injury site.
✓			Optimizes lymphatic drainage.
Compression (General)			
✓	varies <sup>†</sup>	varies <sup>†</sup>	Aids the prevention of edema formation.
Cold Therapy			
✓	✓	✓	Decreases pain, muscle spasms, and swelling.
✓	✓	✓	Reduces metabolic activity and cellular demand for oxygen to reduce tissue damage.
Intermittent Compression in Conjunction with Cold Therapy			
✓			Enhances intramuscular tissue cooling.

"We have been using the Game Ready cold therapy and intermittent compression system for some time now. The ease of use, portability, and above all its clinical effectiveness makes it the obvious choice for the application of cold therapy as part of a treatment regime for both acute injuries or just managing ongoing problems. It is the choice of modality for both the medical staff and the players whether at home or on tour with the England Team."

**Gary Lewin – Head of Physiotherapy**  
**Dr Ian Beasley – Head of Medicine**  
**The Football Association**

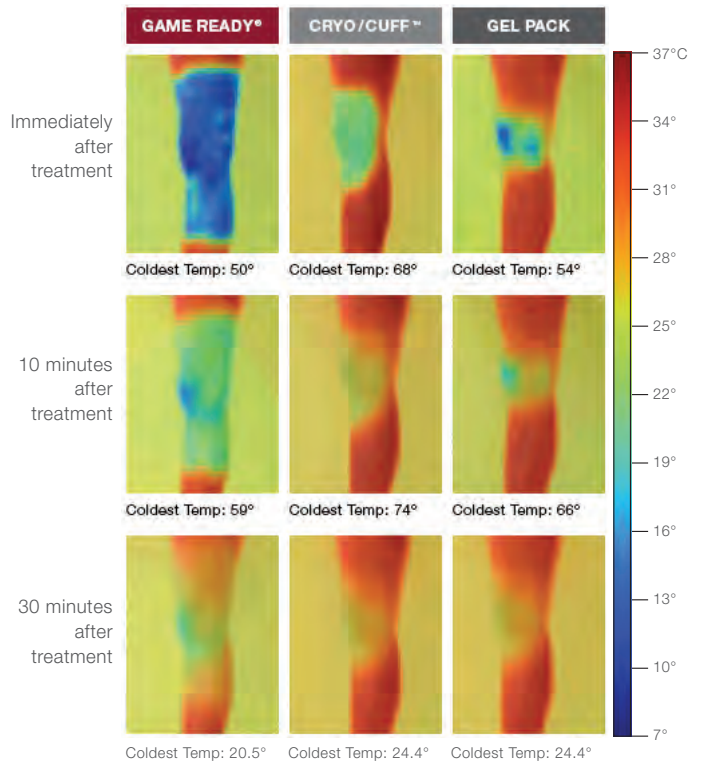




## ACTIVE COMPRESSION SQUEEZES GREATER BENEFITS OUT OF COLD THERAPY

Infrared thermal imagery shows that Game Ready's patented active compression technology enhances the delivery of cold therapy, helping Game Ready to provide faster, deeper and longer-lasting cold therapy than other products.<sup>10,11</sup>

Side view shown. First skin temperature measurement immediately after completing 30 minutes of treatment, subsequent images at 10 and 30 minutes post-treatment. All devices applied per manufacturer's instructions and all measurements taken from uniform distance. All devices applied on different days allowing full recovery for test subject.



## RESULTS THAT SPEAK FOR THEMSELVES

Game Ready is so effective it is used in orthopaedic, physiotherapy and rehabilitation clinics around the world. It is relied on by countless athletes and teams from virtually every professional sport across all divisions, in addition to military rehabilitation units and primary care facilities. People who have used Game Ready overwhelmingly report improved recovery and shorter rehabilitation periods.

IN ONGOING SURVEYS, PATIENTS REPORT THAT GAME READY\*:

HELPED THEM RETURN TO WORK OR DAILY ACTIVITIES SOONER.

**OVER 90%**

HELPED REDUCE THE AMOUNT OF PAIN MEDICATION THEY TOOK OR ENABLED THEM TO STOP TAKING MEDS SOONER.

**OVER 94%**

PROVIDED A BETTER POST-OP RECOVERY THAN A PREVIOUS SURGERY USING A DIFFERENT COLD THERAPY.

**OVER 94%**

\*Percentage of survey respondents as of January 2011. Studies on file.

"The Game Ready system with its timed combinations of cold and compression therapy is the best option for the recovery and avoidance of those injuries and niggles athletes are susceptible to that can result not only in reductions to training but might also develop into more long term injury issues."

**Toni Minichiello**  
UKA Olympic Coach

# DUAL-ACTION WRAPS

EASY TO APPLY, CIRCUMFERENTIAL COVERAGE  
BETTER SURFACE CONTACT, GREATER COMFORT

Game Ready uses breakthrough NASA spacesuit technology to offer a comprehensive range of Anatomic Wraps. A patented two-chamber design – one for air, one for water – enables the simultaneous delivery of continuous cold therapy and intermittent pneumatic compression. Created specifically for each body part, the Dual-Action Wraps provide optimal circumferential coverage and better surface contact than other products.



Half Boot Wrap



Ankle Wrap



Shoulder Wrap



Articulated Knee Wrap



Elbow/ Calf Wrap



Flexed Elbow Wrap



Straight Knee Wrap



Hip/Groin Wrap



Hand Wrap



Wrist Wrap



Back Wrap



Cooling Vest



## EASY TO USE

### ❖ step 1



Fill the Control Unit with ice and water.

### ❖ step 2



Connect the Control Unit to the AC Adapter, then to a grounded electrical outlet or battery.

### ❖ step 3



Apply the selected wrap.

### ❖ step 4



Attach the Connector Hose to the wrap, then to the Control Unit.

### ❖ step 5



Press the power button.

### ❖ step 6



Adjust the temperature.

### ❖ step 7



Select pressure and time settings in Manual Mode or select a program in Program Mode.

### ❖ step 8



Press the play/pause button to start.

FOR FURTHER INFORMATION CONTACT:

Game Ready UK

[www.gameready.co.uk](http://www.gameready.co.uk)

0845 2417920



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