



TheMIS
THESSALONIKI MINIMALLY INVASIVE SURGERY
ORTHOPAEDIC CENTER

SPORTS INJURIES
*From biological treatment
to full recovery*

Saturday **March 10th**
8:30-15:00

St. Luke's Hospital
Thessaloniki Greece

InternalBrace™
Ligament Augmentation Repair



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AC joint InternalBrace™



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TheMIS ANNUAL MEETING 2018

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08:30 – 09:00	Registration	11:30 – 11:45	Copers - Non Copers / Conservative treatment - PreHAB <i>Alexandros Karagiannidis</i>
09:00 – 09:30	Welcome address	11:45 – 12:00	Individualized surgical treatment - Graft choice <i>Ioannis Terzidis</i>
09:30 – 13:15	Part A: Facts and Fiction in Sports Injuries: Focus on Evidence, Biological approach and Daily Practice	12:00 – 12:15	Remnant preserving ACL surgery <i>Stefan Hinterwimmer</i>
09:30 – 11:00	Muscle & Tendon injuries <i>Session coordinators: Konstantinos Natsis, Mathaios Savvidis</i>	12:15 – 12:30	Return to play after ACL reconstruction <i>Georgios Koutras</i>
09:30 – 09:45	Management of lower limb tendinopathies through neuromuscular testing and training <i>Pierpaolo Zunarelli</i>	12:30 – 12:45	Fear of reinjury <i>Tryfon Totlis</i>
09:45 – 10:00	Tendon Treatment Methods: HVinj, PRPs, Collagen <i>Efthymios Papasoulis</i>	12:45 – 13:15	Discussion
10:00 – 10:15	Diagnosis and Classification of Muscle injuries <i>Aristotelis Sideridis</i>	13:15 – 15:00	Part B: Bio Academy Joint preservation of the knee Biological and other treatment options <i>Session coordinator: Georgios Godolias, Georgios Koutras</i>
10:15 – 10:30	Injection therapy for the treatment Focus on PRPs in muscles <i>Markus Klingerberg</i>	13:30 – 13:50	HTO - different options and how I do it <i>Stefan Hinterwimmer</i>
10:30 – 10:45	Surgical Management of Muscle Tendon Injuries <i>Stefan Hinterwimmer</i>	13:50 – 14:10	CartiONE for large cartilage defects <i>Emmanouel Papacostas</i>
10:45 – 11:00	Return to Play after Muscle Injuries <i>Efthymios Papasoulis</i>	14:10 – 14:30	Injectables for early OA <i>Markus Klingerberg</i>
11:00 – 11:30	Discussion / Coffee break	14:30 – 15:00	Discussion - SUMMARY
11:30 – 13:30	Anterior Cruciate Ligament Tear <i>Session coordinators: Pantelis Nikolaou, Anastasios Georgoulis</i>		